



## Information for Urgent Health Issues

Your GP is your best resource. They hold the 'keys' to different options for your healthcare and can write referrals and readdress issues with specialists and hospitals if your condition changes or worsens.

### Your rights:

[Patient Rights & Responsibilities](#)

### Services that can help:

[People with Disabilities WA \(if you have a disability\)](#)

[Advocacy WA \(SouthWest WA\)](#)

[Older People/Aged Care Advocacy](#)

[Carers WA \(Advocacy and support for carers\)](#)

[Helplines](#)

[Peer Pathways \(System Navigation\)](#)

### Questions to ask about treatment and decisions:

- Is this necessary?
- What are the alternatives?
- Can I get a second opinion?
- What are the implications if I refuse?
- Have you discussed this with my treating team in the community?
- Can you explain what you mean?
- Can you tell me my rights?
- Can I speak with the Consumer Liaison? If not, who else can help address my concerns?
- What illness have you diagnosed me with?
- What treatment do you think I need?
- Does my illness pose a risk to my health or safety? What evidence do you have for this?
- What evidence do you have that shows that I don't have the capacity to make my own treatment decisions? **Note: Capacity is assumed unless proven otherwise.**
- Can I access this treatment in the community? Do I have to be in hospital to access this treatment?
- Is there any less restrictive way that this treatment can be delivered? If so, can I access the treatment this way? If I can't, why?